



### 10 THINGS TO REMEMBER FOR YOUR FIRST APPOINTMENT

You will receive a customer care packet that you will need to fill out and bring to your first appointment.

Here are some things to keep in mind as you prepare for your appointment:

- Wear comfortable clothing. If you are a lower extremity patient, it is best if you wear shorts or bring some to change in to.
- Bring your insurance cards and written prescriptions.
- Keep a list of any problems you may be having with your residual limb or existing prosthesis
- Keep a list of questions or concerns for your Prosthetist or any member of our staff
- We are a facility that is focused on our patients. We will help you in any way we can. Just tell us what you need.
- Bring your stump shrinker, socks, or any other products that you may have been given.
- Have a support person with you.
- Bring any and all shoes you would like to wear.
- A list of goals that you would like to achieve, so together we can decide the best options for you.
- Follow your Physicians orders, wear your shrinker and no hot showers 1 hour prior to appointment

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